

COLNE MEDICAL CENTRE

Website: www.colnemedicalcentre.nhs.uk

Practice GPs

Dr Gunasekera has made the difficult decision to resign from her post at Colne Medical Centre to focus on family commitments. She would like to thank all her patients for their kindness during her time at Colne Medical Centre.

Dr Ibikunle (f) will be the new registered GP for Dr Gunasekera's patient list and will be working Tuesday, Thursday, and Friday. Please make her very welcome.

NHS App

Did you know that you can use the NHS App to order repeat prescriptions, book appointments and view your medical records after 29/11/23? The NHS website has step-by-step guidance on [how to get started with the NHS App](#). Leaflets are also available at the surgery.

Face-to-face support sessions are FREE and taking place across Suffolk, Colchester and Tendring.

In north-east Essex the sessions advertised are hosted by the Digital Access Support Team In Suffolk [Communities Together East Anglia's](#) Digital Champions will be on-hand to offer support

Please see full information and dates at the following website - [Getting started with the NHS App - NHS Suffolk and North East Essex ICB](#)

Evening and Weekend Appointments



The poster features a teal background with the NHS logo in the top right corner. The main heading reads 'Need to see a GP or nurse in the evening or at the weekend?'. Below this, a white box contains the text 'Appointments are now available - ask our reception team for more details.' To the right of this box is a smartphone displaying a '20:00 DOCTOR'S APPOINTMENT' on its screen. A list of bullet points is provided: 'SAME DAY AND NEXT DAY APPOINTMENTS', 'EVENING AND WEEKEND APPOINTMENTS', 'YOU MAY BE SEEN AT A DIFFERENT SURGERY AND NOT BY YOUR OWN GP', and 'FULL ACCESS TO YOUR GP MEDICAL RECORDS'. A small 'APPOINTMENT INFORMATION' box is also present. The hashtag '#IMPROVINGCAREFORYOU' is at the bottom left. The background is decorated with faint clock icons.

Enhanced Access is a service to provide appointments outside of core hours. The aim of Enhanced Access is to meet the needs of the local population and provide greater access to healthcare for our 95,000 patients and ease some of the workload pressures experienced in our branches.

Working collectively to deliver Enhanced Access for our patients means we can share workforce needs and safely deliver high quality, care efficiently.

We offer appointments between the hours of 18:30 - 20:00 Monday to Friday and 09:00 - 17:00 on Saturdays.

We offer appointments for a range of clinicians such as GP's, Advanced Nurse Practitioners, Practice Nurses, Healthcare Assistants and Physiotherapists.

Our service is offered from 6 hub locations:

Ambrose Avenue (Tollgate) Tiptree Medical Centre 145 London Road Church Road
Stanway Tiptree Colchester Colchester CO3 8NZ CO5 0HB

Colne Medical Practice Walton Medical Centre 40 Station Road Vicarage Lane
Colchester Walton-on-the-Naze CO7 0DT CO14 8PA

Rowhedge Surgery Riverside Health Centre

7 Rectory Road Station Road Rowhedge Colchester Manningtree CO5 7HP CO11 1AA

Please contact your registered branch for more information and arrange an appointment.

Thank you for reading.

Katie Pirie

Practice Manager