

DR SAMIR B PATEL • DR JAMIE NIGHTINGALE • DR CHARLES NKANOR

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Staffing

We are pleased to welcome Dr Charles Nkanor as a new partner with the practice. He was a registrar with us several years ago and recently has been working here as a locum, so many of our patients will already know him. He will be working Wednesday, Thursday and Friday each week.

Skin Analytics Service

For patients concerned about moles or skin lesions the practice offers a self-referral process to the skin analytics service. They should contact reception who use triage questions to assess whether it is appropriate for a dermoscopic image or should be referred to the GP. Alternatively patients can contact the service direct on 01255 201577 who will follow the same process.

If it meets the criteria for imaging, the patient is given a number to call and book. An appointment is offered within 7 days and the image taken is analysed by AI, with a second read by a Dermatologist for any that are classified as benign by the AI.

A full report with the outcome is sent back to the patient and the GP practice and a referral is made to Dermatology if required.

For those patients who aren't eligible for the service, reception will signpost to the appropriate clinician at the surgery.

<u>Men's Health Week</u>

For Men's Health Week (9th – 15th June) the Colte Partnership will be hosting an event 'Time To Talk About Men's Mental Health' in collaboration with Mid and North East Essex Mind. This event is open to everyone and aims to raise awareness of men's mental health. It will feature guest speakers, local support services, and resources focused on supporting men's mental wellbeing. Cost: £5pp which includes a hot breakfast bap, tea and coffee.

Tuesday 10th June – Colchester Rugby Club from 9.00am – 10.30am

Enhanced Access Clinics

Enhanced Access clinics are being held at the following locations in June:

7th – Riverside Health Centre

14th - Rowhedge Surgery

21st – Tiptree Medical Centre

28th – Walton Medical Centre

Telephone appointments are also available every weekday evening from 6.30-8pm.

Please contact reception to book an appointment in any of these clinics.

Thank you for reading.

Katie Pirie

Practice Manager